

# MELANCHOLY & CREATIVITY

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JOVIAN ARCHIVE

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# Melancholy and Creativity

## **Making Up Reasons for the Emotional Wave**

Hello and welcome to all of you to this Jovian lecture. It's a favorite subject of mine. In so many ways it is something that I know so deeply, and the mechanics of Human Design have been enormously beneficial in making it easy to live with one's own chemistry. I think the theme of today, if nothing else, is to understand that these bio-forms, based on their design, generate, manifest, whatever the case may be, with specific chemistries. Human beings who are not-self, the homogenized human being, is always busy making up a reason for phenomena. It's what the not-self does.

When the not-self is low in its emotional wave, it makes up a reason. It says that it's there because of this or that, or at least that's what its mind starts pondering. If it's at the high end of its wave emotionally it will make up a reason for that. "I'm happy because; because of you, because of it, because of the other thing."

## **It's Just Chemistry**

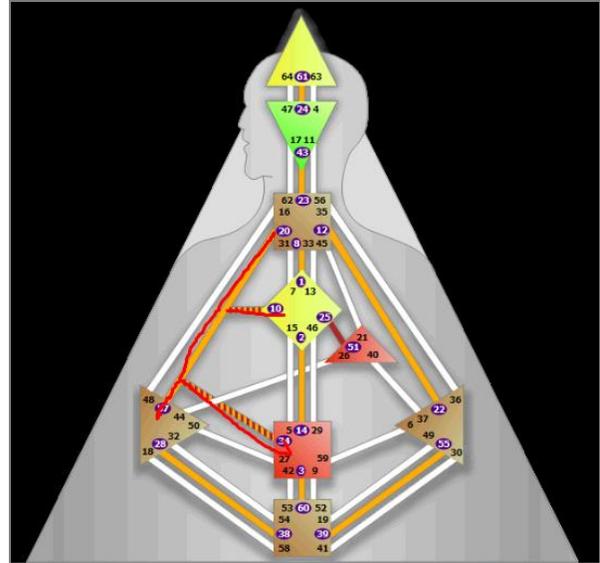
Human beings constantly are making up reasons for what is in fact simply chemistry. To be an emotional being is to understand that you have an emotional chemistry. This is what the chemistry does. Chemistry gives you the sensation of going up and down. But there is no reason in that other than it's a chemistry, which is why I teach mechanics. It's just a chemistry. If you want to drive yourself crazy, then make up a reason for why you're up and down all the time. It's precisely what you're going to do because it's just a chemistry; that's what it is. It isn't because of it. It's your nature.

## **Individuality in the BodyGraph**

And the same thing is true for melancholy, for sadness. It's about chemistry. In this graph, what you're looking at is all of the Gates and Channels that have Individuality as their keynote nature. In other words, this is part of three different Individual Circuitry that's there in the BodyGraph. That is, the main

Circuit of Individuality which runs from the very top right down to the bottom, and then the two outside, what is in fact in the middle, these two streams there. That's the main Circuit of Individuality.

But there are other things that are there. For example, there is Integration which is this unique quadruple-Gate system, this unique combination of Channels that emerges out of Integration which is the deepest and most Individual of the aspects in the BodyGraph.



And then there is the Centering Circuit, which is also deeply Individual in its nature.

So we have a minor Individual Circuit, we have a major circuit, and we have the integration Channels. And you can see that they integrate with every single Center, which is not so for all of the other circuit groups that you have in Human Design. Individuality is present in all of these various areas. What that says, first of all, is how many human beings have an aspect of Individuality in their design. Obviously, you're going to have human beings statistically that are not going to have Individuality in an Individual Gate or a Channel in Human Design. But an enormous number of human beings do for obvious reasons, as there are so many of them. They're all over the place.

## The Chemistry of Melancholy

But like what I described in terms of the nature of the emotional system, the thing to grasp about Individuality is that it comes with a specific chemistry, and that chemistry is very important to understand. It is our theme today, after all. It is a chemistry that we describe historically as melancholy, as sadness. Anyone who carries any Individuality in their design, it doesn't matter where it is or how much of it they have, they're carrying the chemistry of melancholy.

As you can see from the titling of this lecture, *Melancholy and Creativity*, they are one and the same thing. They are both byproducts of the chemistry of being Individual. This goes back to where I began, with human beings and